

INSIGHT



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Thought for the day



“When one door of happiness closes, another opens, but often we look so long at the closed door that we do not see the one that has opened for us.”



Market Watch

SENSEX: 25,565
 NIFTY : 7,838
 USD/INR : 66.39
 Gold (MCX) (Rs/10g.): 30,146.00

Business Word

Upselling - A sales technique in which the salesperson tries to persuade the customer to purchase more expensive and/or more goods than they originally intended.

Weather

Max:35°,Min:23°
 Rainfall: Nil
 Humidity:53%



Health Benefits Of Honey



Boosts Memory : The sweet nectar is loaded in antioxidants that may help prevent cellular damage and loss within the brain, which can provide an alternative therapy for the hormone-related intellectual decline. After four months of taking 20 grams of honey a day, the women were more likely to have better short-term memory than their counterparts who took hormone pills.

Cough Suppressant : Honey can be the all-natural cure when it comes to pesky colds. A persistent cough that won't go away can easily be remedied with two teaspoons of honey. Children between the ages of 1 and 5 with nighttime cough due to colds coughed less frequently when they received two teaspoons of honey 30 minutes before bed.

Treats Dandruff : Honey can bring temporary relief to the scalp by targeting dandruff. Applying honey diluted with 10 percent warm water to problem areas and leaving it on for three hours before rinsing led to itch relief and no scaling within a week. Skin lesions healed within two weeks and patients even showed an improvement in hair loss. The patients did not relapse even after six months of use.

NATIONAL NEWS

Another sting in the Uttarakhand tale

Deposed Uttarakhand Chief Minister Harish Rawat will appear before the Central Bureau of Investigation on Monday in connection with an alleged sting operation that showed him offering a deal to rebel Congress MLAs through middlemen. Mr. Rawat is scheduled to face a vote of confidence in the State Assembly on Tuesday.

Both AIADMK and DMK are corrupt, says Swamy

There was no difference between the All India Anna Dravida Munnetra Kazhagam and the Dravida Munnetra Kazhagam when it came to corruption as both were highly corrupt, said Rajya Sabha member and Bharatiya Janata Party leader Subramanian Swamy here on Sunday.

BJP to continue attacks on Gandhis

The BJP plans to continue its targeting of the Congress in general and the Gandhi family in particular, though both Houses of Parliament have concluded debates on the controversial AgustaWestland VVIP chopper deal.

Modi's language unbecoming of PM

Taking on Prime Minister Narendra Modi for claiming that the Congress was upset because he was "tightening the screws" on those linked to corruption, senior Congress leader P. Chidambaram on Sunday said the language used by Mr. Modi was "unbecoming of a Prime Minister".

KARNATAKA NEWS

Technical glitches mar COMEDK's UGET online test

The technical glitches that marred the Consortium of Medical, Engineering and Dental Colleges of Karnataka (COMEDK) Under-Graduate Entrance Test (UGET), 2016 for engineering seat aspirants rattled many students, causing stress before the examination commenced.

Rain reduces temperature further

A huge tree got uprooted at the exit gate of the Bengaluru city railway station owing to the rain on Sunday causing traffic disruption for sometime in and around the Majestic area.

BWSSB collects arrears

The Bangalore Water Supply and Sewerage Board (BWSSB), in an arrears collection drive, on May 4, collected Rs. 1.55 crore in the following divisions. The South Zone topped the list with Rs. 32.57 lakh. The other divisions showed the following collections: East Rs. 31.57 lakh, Southwest - Rs. 22.01 lakh, Northwest Rs. 15.28 lakh, West Rs. 13.80 lakh, Southeast Rs. 14.78 lakh, Central Rs. 10.52 lakh, Northeast Rs. 7.60 lakh and North - Rs. 7.69 lakh.

World News:

Silk Road revival plans place culture at the centre

China is digging deep into its cultural roots to anchor a seamless revival of the ancient Silk Road, in tune with a growing domestic focus on tapping the achievements of its past.

Taliban being steered by the Haqqanis?

The closer integration of the feared Haqqani militant network into the leadership of the Taliban is changing the flow of the Afghan insurgency this year, with the Haqqanis' senior leader increasingly calling the shots in the Taliban's offensive, Afghan and American officials say.

Pakistan's leading human rights activist shot dead

Khurram Zaki, a leading Pakistani rights activist known for his strong stance against hatred and violence targeted at Shia Muslims, and his friend, were shot dead by motorbike-borne Taliban militants here in an apparent sectarian attack.

Dhaka asks Islamabad to stop interference in internal affairs

Dhaka has urged Islamabad not to interfere in internal affairs of Bangladesh after Pakistan expressed concerns over rejection of Jamaat-e-Islami chief Motiur Rahman Nizami's review plea against death sentence.

Sports News:

Sunrisers in scorching form

Sunrisers Hyderabad, thanks to a terrific bowling performance led by left-armer Ashish Nehra on a perfect batting track, drubbed Mumbai Indians by 85 runs in the Indian Premier League at the Dr. Y.S. Rajasekhara Reddy ACA-VDCA Stadium here on Sunday.

Barca one win away from title

Barcelona is one win away from retaining its La Liga title, after Lionel Messi, Luis Suarez and Neymar all scored, as it thrashed Espanyol 5-0 in the Catalan derby on Sunday.

Ranieri dodges corks as Leicester cuts loose

Ambushed by champagne-spraying assailants, Leicester City manager Claudio Ranieri vowed that he would not be hitting the town in celebration of his side's Premier League title coronation.

Preparations for Olympics should start early: Ashwini

Ashwini Ponappa, the Indian women's doubles player, is tuning up for the Rio Olympics this August. World No. 14 in the event, the right-left Indian pair (Ashwini and G. Jwala) will have a specialist doubles coach (Malaysian Kim Tan) by their side.